

Research Highlight Submission

[willing to present as an oral presentation and/or as a poster presentation]

Title

Help-Seeking & Technology: Perceptions of Adolescents and Young Adults

Abstract of the original publication:

Parkview Health in Fort Wayne, Indiana, with active collaboration of community partners, has implemented a study investigating the perceptions of using technology to meet the mental health needs of youth ages 14 to 24. Funded through a grant from the Robert Wood Johnson Foundation, this study has incorporated diverse perspectives and explored a wide variety of technologies that youth can use to access mental health care, education and resources. This presentation will focus on help-seeking preferences that were uncovered during focus groups with youth, parents, clinicians and educators. Preliminary results from a survey of high school and college students will also be discussed.

Brief summary explaining the significance of the work for the WISH audience:

In health informatics, it is especially important to understand the preferences of the end-user since the use of technology could influence health behaviors and outcomes. In the United States, suicide is the second leading cause of death in youth ages 10-24. Given this population is highly engaged in using technology, it is critical to explore the perceptions of using technology to meet their mental health needs. By exploring help-seeking preferences, we are able to better understand how technology could support youth and connect them to mental health care. This information is relevant to a variety of disciplines who are interested in technology and its use in youth mental health.

This submission does not conflict with the policies of the Indiana Suicide Prevention Conference where it was originally presented as part of the panel "Current Topics in Research" on August 4, 2017.